Poems During the Pandemic

an anthology edited and designed by Beto Cumming

Introduction

For the last month or so, I have sheltered at home except for occasional trips for essentials. A couple of weeks ago, I thought about doing some sort of project that could help others. Since I edit and design books, I decided to edit and design an anthology of poems to comfort (and entertain) family and friends. I emailed some friends to ask them each to suggest one poem by someone else that helped them during a difficult time or a poem that have been thinking about during this indefinite time of uncertainty. I was pleasantly surprised by two things. First, most of those I contacted were enthusiastic about the collection. They emailed a poem or a link to a website with a poem. I got some responses like: "It's a real comfort" and "You are wonderful!" Second, although I did not know what kind of poem suggestions to expect, I was impressed by the variety and strength of the poetry. I will treasure this collection. I want to thank the 27 people (including myself) who have shared these poems:

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—Beto Cumming May 2020

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The Peace of Wild Things

-by Wendell Berry from The Selected Poems of Wendell Berry

When despair for the world grows in me and I wake in the night at the least sound in fear of what my life and my children's lives may be, I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds. I come into the peace of wild things who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free.

In Any Event

-by Dorianne Laux Raleigh Review, Fall 2019

If we are fractured we are fractured like stars bred to shine in every direction, through any dimension, billions of years since and hence.

I shall not lament the human, not yet. There is something more to come, our hearts a gold mine not yet plumbed, an uncharted sea.

Nothing is gone forever. If we came from dust and will return to dust then we can find our way into anything.

What we are capable of is not yet known, and I praise us now, in advance.

Look It Over

-by Wendell Berry from New Collected Poems

I leave behind even my walking stick. My knife is in my pocket, but that I have forgot. I bring no car, no cell phone, no computer, no camera, no CD player, no fax, no TV, not even a book. I go into the woods. I sit on a log provided at no cost. It is the earth I've come to, the earth itself, sadly abused by the stupidity only humans are capable of but, as ever, itself. Free. A bargain! Get it while it lasts.

Available Light

-by Sandy Coomer from Available Light

I've come to the lake to take pictures, capture first light lifting off water, an image that is more than the muted colors of a somber morning, a world worn dull with sorrow.

It's hard to find a reason to smile when all around me the edges of the good I believed in sink beneath a hard reality. I can't argue that the world isn't sometimes terrible. If you listen to its language, you stall beneath its weight.

But watch the lake. It wants nothing more than to stroke the shore, curl kind arms around the sun-shifted bank. The things I want are simple too—a fingerprint on the window of understanding, a thread of faith.

It's not memory's work to hold me crouched against the brick walls of my suffering,

nor is it the will of my past to latch the gate and leave my dreams starving in the shadows of a narrow field.

The sun rises every morning the sun stands to speak at the lectern, sweating and brimming with light. So what if my heart is broken. That's part of a heart's job—to break

a thousand times over the darkness of this world and still peer through the smallest window at dawn, ready to leap across the empty lawn and gather whatever light lies waiting, like manna, to fuel a single day's breath.

I take what I can—a spectrum of color as photons dance in shimmering waves, the light brilliant and endless.

Excerpt from The Heart's Garden, The Garden's Heart

-by Kenneth Rexroth, published by Pym-Randall Press

Water is always the same— Obedient to the laws That move the sun and the other Stars. In Japan as in California it falls Through the steep mountain valleys Towards the sea. Waterfalls drop Long musical ribbons from The high rocks where temples perch. Ayu in the current poise And shift between the stones At the edge of the bubbles. White dwarf iris heavy with Perfume hang over the brink. Cedars and cypresses climb The hillsides. Something else climbs. Something moves reciprocally To the tumbling water. It ascends the rapids, The torrents, the waterfalls, To the last high springs. It disperses and climbs the rain. You cannot see it or feel it. But if you sit by the pool Below the waterfall, full Of calling voices all chanting The turmoil of peace, It communicates itself. It speaks in the molecules Of your blood, in the pauses Between your breathing. Water Flows around and over all Obstacles, always seeking

The lowest place. Equal and Opposite, action and reaction, An invisible light swarms Upward without effort. But Nothing can stop it. No one Can see it. Over and around Whatever stands in the way, Blazing infinitesimals— Up and out—a radiation Into the empty darkness Between the stars.

Rain Light

-by W.S. Merwin, from The Shadow of Sirius

All day the stars watch from long ago my mother said I am going now when you are alone you will be all right whether or not you know you will know look at the old house in the dawn rain all the flowers are forms of water the sun reminds them through a white cloud touches the patchwork spread on the hill the washed colors of the afterlife that lived there long before you were born see how they wake without a question even though the whole world is burning

Fear

-by Pablo Neruda from his Selected Poems

Everyone is after me to jump through hoops, whoop it up, play football, rush about, even go swimming and flying. Fair enough.

Everyone is after me to take it easy. They all make doctor's appointments for me, eyeing me in that quizzical way. What is going on?

Everyone is after me to take a trip. to come in, to leave, not to travel, to die and, alternatively, not to die. It does not matter.

Everyone is spotting oddnesses in my innards, suddenly shocked by radio-awful diagrams. I do not agree.

Everyone is picking at my poetry with their relentless knives and forks, trying, no doubt, to find a fly. I am afraid.

I am afraid of the whole world, afraid of cold water, afraid of death. I am as all mortals are, unable to be patient.

And so, in these brief, passing days, I shall not take them into account. I shall open up and closet myself with my most treacherous enemy, Pablo Neruda

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The Empty Frames

- by Joseph Enzweiler from his book, The Man Who Ordered Perch

"Imagine the body lowered from the cross. A man from his ladder releases the weight that flows down, lifeless to the arms of Joseph. The crowd scatters below, shadows who knew him, the mourners kneeling as if torn, death fresh in his robe, thieves and the governor's men, even those who believed in him struck now with wonder atop their grief. See them move in the rust and umber colors of earth. Look now at the Savior bathed in yellow light how his mother's face is lit with tears and the shroud, spread upon the ground burns like a desert tent. Think of the light, how they alone were made so bright. A torch hidden somewhere in that gathering sorrow is all we know, a mystery we must endure."

He looked down from the empty frame. A gesture moved them on.

"Here the Prodigal Son returns. But notice as the young man kneels, stripped by the world, how his father touches him, so the fire red of the old man's cloak reaches from his shoulders as if furthering his love."

And so he went, frame after frame, from memory, this second winter of the siege. The little group he led looked up, a hunger in them, in the frames a hunger too, hung back in hope, an emptiness believed in while the canvasses were rolled and hurried east. Winter twilight fills the hall, then night. He walks here now, this place he loves, toward a siege light in the far door. The glass at his feet, pieces of extinct stars, their worlds gone cold. On his right the windows go by slowly, blue frames of the city, a strip of film about the end of time. He stops in the dark and stretches out one arm to them, a tour now for the spirits.

"Look at these panels delicately hung, of war, our Russian dead, starvation winter. See here the orange sky, how well the yellow dress and blood are joined, bodies filled with ice, the shattered horses. And there a wall of blackened stone, its eyes put out. Here is a cloud in a jagged pane as a flower might be. Brush work so fine, artillery like a heart. Over here we watch the flare sputter down and angels who were greater than God thrown from Paradise to the city's red glow.The eye is drawn to each of these hung neatly on the wall. Behold them now, these are the masterworks of our age."

The morning smelled of kerosene. A vase was packed in sand. Another group ushered in the day, their coats stood hungry around them. He turned and began again, pointing lightly in the frozen air. "Today we'll start with this great work, St. Mary Magdalene in Penitence. See her golden hair pulled forward, clutched to her breast, how her clothes fall torn and loose from her, like the old life, as she gazes to heaven in her tears. How the artist suffered in her his night of the painting, fire streaming toward a blackened sky."

They could see her.

Two strokes of light where sorrow fell. From the empty frame, down the shattered plaster she wept. He turned to his audience.

"Now please, this way, there is so much more."

So they followed him that morning, in every room he walked, and all the days thereafter, beyond the broken hall into April and the greening of the trees.

A Fading of the Sun

-by Wallace Stevens from The Collected Poems of Wallace Stevens

Who can think of the sun costuming clouds When all people are shaken Or of night endazzled, proud, When people awaken And cry and cry for help?

The warm antiquity of self, Everyone, grows suddenly cold. The tea is bad, bread sad. How can the world so old be so mad That the people die?

If joy shall be without a book It lies, themselves within themselves, If they will look Within themselves And cry and cry for help?

Within as pillars of the sun, Supports of night. The tea, The wine is good. The bread, The meat is sweet. And they will not die.

I felt a Funeral, in my Brain,

-by Emily Dickinson # 280

I felt a Funeral, in my Brain, And Mourners to and fro Kept treading — treading — till it seemed That Sense was breaking through —

And when they all were seated, A Service, like a Drum — Kept beating — beating — till I thought My Mind was going numb —

And then I heard them lift a Box And creak across my Soul With those same Boots of Lead, again, Then Space — began to toll,

As all the Heavens were a Bell, And Being, but an Ear, And I, and Silence, some strange Race Wrecked, solitary, here —

And then a Plank in Reason, broke, And I dropped down, and down — And hit a World, at every plunge, And Finished knowing — then —

The Round

—by Stanley Kunitz from *Passing Through: The Later Poems, New and Selected*

Light splashed this morning on the shell-pink anemones swaying on their tall stems; down blue-spiked veronica light flowed in rivulets over the humps of the honeybees; this morning I saw light kiss the silk of the roses in their second flowering, my late bloomers flushed with their brandy. A curious gladness shook me.

So I have shut the doors of my house, so I have trudged downstairs to my cell, so I am sitting in semi-dark hunched over my desk with nothing for a view to tempt me but a bloated compost heap, steamy old stinkpile, under my window; and I pick my notebook up and I start to read aloud the still-wet words I scribbled on the blotted page: "Light splashed . . ."

I can scarcely wait till tomorrow when a new life begins for me, as it does each day, as it does each day.

A Blessing

—by James Wright from *Above the River: The Complete Poems and Selected Prose*

Just off the highway to Rochester, Minnesota, Twilight bounds softly forth on the grass. And the eves of those two Indian ponies Darken with kindness. They have come gladly out of the willows To welcome my friend and me. We step over the barbed wire into the pasture Where they have been grazing all day, alone. They ripple tensely, they can hardly contain their happiness That we have come. They bow shyly as wet swans. They love each other. There is no loneliness like theirs. At home once more. They begin munching the young tufts of spring in the darkness. I would like to hold the slenderer one in my arms, For she has walked over to me And nuzzled my left hand. She is black and white. Her mane falls wild on her forehead, And the light breeze moves me to caress her long ear That is delicate as the skin over a girl's wrist. Suddenly I realize That if I stepped out of my body I would break Into blossom.

To the Fig Tree on 9th and Christian

-by Ross Gay from the American Poetry Review

Tumbling through the city in my mind without once looking up the racket in the lugwork probably rehearsing some stupid thing I said or did some crime or other the city they say is a lonely place until yes the sound of sweeping and a woman yes with a broom beneath which you are now too the canopy of a fig its arms pulling the September sun to it and she has a hose too and so works hard rinsing and scrubbing the walk lest some poor sod slip on the silk of a fig and break his hip and not probably reach over to gobble up the perpetrator the light catches the veins in her hands when I ask about the tree they flutter in the air and she says take as much as you can help me so I load my pockets and mouth and she points to the step-ladder against the wall to mean more but I was without a sack so my meager plunder would have to suffice and an old woman whom gravity was pulling into the earth loosed one from a low slung branch and its eye wept like hers which she dabbed with a kerchief as she cleaved the fig with what remained of her teeth and soon there were eight or nine people gathered beneath the tree looking into it like a

constellation pointing do you see it and I am tall and so good for these things and a bald man even told me so when I grabbed three or four for him reaching into the giddy throngs of yellow-jackets sugar stoned which he only pointed to smiling and rubbing his stomach I mean he was really rubbing his stomach like there was a baby in there it was hot his head shone while he offered recipes to the group using words which I couldn't understand and besides I was a little tipsy on the dance of the velvety heart rolling in my mouth pulling me down and down into the oldest countries of my body where I ate my first fig from the hand of a man who escaped his country by swimming through the night and maybe never said more than five words to me

at once but gave me figs and a man on his way to work hops twice to reach at last his fig which he smiles at and calls baby, c'mere baby, he says and blows a kiss to the tree which everyone knows cannot grow this far north being Mediterranean and favoring the rocky, sun-baked soils of Jordan and Sicily but no one told the fig tree or the immigrants there is a way the fig tree grows in groves it wants, it seems, to hold us, yes I am anthropomorphizing goddammit I have twice in the last thirty seconds rubbed my sweaty forearm into someone else's sweaty shoulder gleeful eating out of each other's hands on Christian St. in Philadelphia a city like most which has murdered its own people this is true we are feeding each other from a tree at the corner of Christian and 9th strangers maybe never again.

The Tent

-by Rumi, translated by Coleman Barks

Outside, the freezing desert night. This other night inside grows warm, kindling. Let the landscape be covered with thorny crust. We have a soft garden in here. The continents blasted, cities and little towns, everything become a scorched, blackened ball.

The news we hear is full of grief for that future, but the real news inside here is there's no news at all.

Snowdrops

-by Louise Glück from The Wild Iris

Do you know what I was, how I lived? You know what despair is; then winter should have meaning for you.

I did not expect to survive, earth suppressing me. I didn't expect to waken again, to feel in damp earth my body able to respond again, remembering after so long how to open again in the cold light of earliest spring—

afraid, yes, but among you again crying yes risk joy

in the raw wind of the new world.

Sci-Fi

-by Tracy K. Smith from Life on Mars

There will be no edges, but curves. Clean lines pointing only forward.

History, with its hard spine & dog-eared Corners, will be replaced with nuance,

Just like the dinosaurs gave way To mounds and mounds of ice.

Women will still be women, but The distinction will be empty. Sex,

Having outlived every threat, will gratify Only the mind, which is where it will exist.

For kicks, we'll dance for ourselves Before mirrors studded with golden bulbs.

The oldest among us will recognize that glow— But the word *sun* will have been re-assigned

To a Standard Uranium-Neutralizing device Found in households and nursing homes.

And yes, we'll live to be much older, thanks To popular consensus. Weightless, unhinged,

Eons from even our own moon, we'll drift In the haze of space, which will be, once

And for all, scrutable and safe.

Assurance

-by William Stafford from The Way It Is

You will never be alone, you hear so deep a sound when autumn comes. Yellow pulls across the hills and thrums, or the silence after lightening before it says its names- and then the clouds' wide-mouthed apologies. You were aimed from birth: you will never be alone. Rain will come, a gutter filled, an Amazon, long aisles- you never heard so deep a sound, moss on rock, and years. You turn your headthat's what the silence meant: you're not alone. The whole wide world pours down.

Timely Advice

—by Ilse Aichinger, from *UXB: poems and translations* (trans. Patricia Dobler)

First of all you must believe that day will come when the sun rises. But if you do not believe it, say yes. Secondly, you must believe and with all your might that night will come when the moon rises. But if you do not believe it, say yes, or nod your head submissively, they'll buy that too.

Let Evening Come

-by Jane Kenyon from Collected Poems

Let the light of late afternoon shine through chinks in the barn, moving up the bales as the sun moves down.

Let the cricket take up chafing as a woman takes up her needles and her yarn. Let evening come.

Let dew collect on the hoe abandoned in long grass. Let the stars appear and the moon disclose her silver horn.

Let the fox go back to its sandy den. Let the wind die down. Let the shed go black inside. Let evening come.

To the bottle in the ditch, to the scoop in the oats, to air in the lung let evening come.

Let it come, as it will, and don't be afraid. God does not leave us comfortless, so let evening come.

Lady Freedom Among Us

-by Rita Dove from Collected Poems: 1974-2004

don't lower your eyes or stare straight ahead to where you think you ought to be going

don't mutter oh no not another one get a job fly a kite go bury a bone

with her oldfashioned sandals with her leaden skirts with her stained cheeks and whiskers and heaped up trinkets she has risen among us in blunt reproach

she has fitted her hair under a hand-me-down cap and spruced it up with feathers and stars slung over her shoulder she bears the rainbowed layers of charity and murmurs *all of you even the least of you*

don't cross to the other side of the square don't think another item to fit on a tourist's agenda

consider her drenched gaze her shining brow she who has brought mercy back into the street and will not retire politely to the potter's field

having assumed the thick skin of this town its gritted exhaust its sunscorch and blear she rests in her weathered plumage bigboned resolute don't think you can forget her don't even try she's not going to budge

no choice but to grant her space crown her with sky for she is one of the many and she is each of us

In the Time of Pandemic

-by Catherine M. O'Meara published in her blog, The Daily Round

And the people stayed home.

And they read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still.

And they listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed.

And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

Kindness

-by Naomi Shihab Nye from Words Under the Words: Selected Poems

Before you know what kindness really is you must lose things, feel the future dissolve in a moment like salt in a weakened broth. What you held in your hand, what you counted and carefully saved, all this must go so you know how desolate the landscape can be between the regions of kindness. How you ride and ride thinking the bus will never stop, the passengers eating maize and chicken will stare out the window forever.

Before you learn the tender gravity of kindness you must travel where the Indian in a white poncho lies dead by the side of the road. You must see how this could be you, how he too was someone who journeyed through the night with plans and the simple breath that kept him alive.

Before you know kindness as the deepest thing inside, you must know sorrow as the other deepest thing. You must wake up with sorrow. You must speak to it till your voice catches the thread of all sorrows and you see the size of the cloth. Then it is only kindness that makes sense anymore, only kindness that ties your shoes and sends you out into the day to gaze at bread, only kindness that raises its head from the crowd of the world to say It is I you have been looking for, and then goes with you everywhere like a shadow or a friend.

Saint Francis and the Sow

-by Galway Kinnell from Three Books

The bud stands for all things, even for those things that don't flower, for everything flowers, from within, of self-blessing; though sometimes it is necessary to reteach a thing its loveliness, to put a hand on its brow of the flower and retell it in words and in touch it is lovely until it flowers again from within, of self-blessing; as Saint Francis put his hand on the creased forehead of the sow, and told her in words and in touch blessings of earth on the sow, and the sow began remembering all down her thick length, from the earthen snout all the way through the fodder and slops to the spiritual curl of the tail, from the hard spininess spiked out from the spine down through the great broken heart to the sheer blue milken dreaminess spurting and shuddering from the fourteen teats into the fourteen mouths sucking and blowing beneath them: the long, perfect loveliness of sow.

Starlings in Winter

-by Mary Oliver from Owls and Other Fantasies: Poems and Essays

Chunky and noisy, but with stars in their black feathers, they spring from the telephone wire and instantly

they are acrobats in the freezing wind. And now, in the theater of air, they swing over buildings,

dipping and rising; they float like one stippled star that opens, becomes for a moment fragmented,

then closes again; and you watch and you try but you simply can't imagine

how they do it with no articulated instruction, no pause, only the silent confirmation that they are this notable thing,

this wheel of many parts, that can rise and spin over and over again, full of gorgeous life.

Ah, world, what lessons you prepare for us, even in the leafless winter, even in the ashy city. I am thinking now of grief, and of getting past it;

I feel my boots trying to leave the ground, I feel my heart pumping hard. I want

to think again of dangerous and noble things. I want to be light and frolicsome. I want to be improbable beautiful and afraid of nothing, as though I had wings.

To St. Brendan the Navigator, Protector of Sailors

-by Cathy Smith Bowers from A Book of Minutes

Who among us has not tossed for years, bereft, your kind, adrift in the foamy brine,

searching for some strange and perfect world where we might begin anew, unaware there

is always a veil that hides the paradise we seek, that always we are the veil.

Of Distress Being Humiliated by the Classical Chinese Poets

—by Hayden Carruth from *Toward the Distant Islands: New and Select-ed Poems*

Masters, the mock orange is blooming in Syracuse without scent, having been bred by patient horticulturalists To make this greater display at the expense of fragrance. But I miss the jasmine of my back-country home. Your language has no tenses, which is why your poems can never be translated whole into English; Your minds are the minds of men who feel and imagine without time. The serenity of the present, the repose of my eyes in the cool whiteness of sterile flowers. Even now the headsman with his great curved blade and rank odor is stalking the byways for some of you. When everything happens at once, no conflicts can occur. Reality is an impasse. Tell me again How the white heron rises from among the reeds and flies forever across the nacreous river at twilight

Toward the distant islands.

A Benediction: On the Tulpenwoede of 17-Century Holland

-by Kimberly Johnson, from Uncommon Prayer

Blessed be the disease, the virus subtle plunging to the heart of every bulb to break as streaks and flames through the conservatory, waxy petals freaked with frantic pinks and periwinkles. Blessed be the rankle that stains its mosaic cell to cell, forcing through each blowsy stem-heavy bloom color undreamed by the feyest confectioner until the very air seems motley. Blessed the collectors infected by desire: how they want; how they lick their lips as if they would devour at the bud each sudden new original and its exponential next; how they settle for a name that they can hold between the teeth, biting down against this infinite variety. And blessed, O blessed all those names, all the neat rows of them in the ledger a dear anthology of failures: the Semper Fidelis subsides to the Fidelis in a season, the Volition mutates to Volitant. Blessed that rage to corner the rarest cultivar, to press tight as in a book each beauty made beautiful by its not enduring. Bookkeeper, I am your daughter, believing that by loving I could hold what I loved, forgetting that I loved because I couldn't.